

# National Nutrition Month

## MARCH

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| <b>Monday 3</b>   | <b>Monday–Friday 3–7</b>   | <b>Wednesday 5</b>  |
| <p>National Nutrition Month<br/>Kickoff Event<br/><b>“Nutri–Games”</b><br/>Presented by GatorWell<br/>&amp; Healthy Gators 2010<br/>Orange &amp; Brew<br/>6:30 p.m-10:30 p.m.</p> | <p>The Health Hut presents<br/><b>“The Original Fast Food”</b><br/>Presented by GatorWell<br/>Various locations<br/>across campus</p>              | <p><b>“Wheel of Portions”</b><br/>Presented by GatorWell<br/>Reitz Union Colonnade<br/>11 a.m. – 2 p.m.</p>   |
| <b>Monday–Friday 8–16</b>   | <b>Monday-Friday 17–21</b>   | <b>Tuesday 18</b>   |
| <p style="text-align: center;"><b><u>Spring Break</u></b><br/><b>Enjoy Healthy Food,<br/>Be Safe &amp;<br/>Have Fun!</b></p>  | <p>The Health Hut presents<br/><b>“The Original Fast Food”</b><br/>Presented by GatorWell<br/>Various locations<br/>across campus</p>              | <p><b>“Five-A-Day the<br/>Gator Way”</b><br/>Presented by the<br/>Community Nutrition Class<br/>Southwest Rec Center<br/>6 p.m. – 8 p.m.<br/><b>“Feed the Gators:<br/>Beyond Easy Mac”</b><br/>Presented by GatorWell<br/>Springs Residential Complex<br/>7 p.m. – 8 p.m.</p>   |
| <b>Wednesday 19</b>   | <b>Friday 21</b>   | <b>Monday 24</b>  |
| <p><b>“Feed the Gators:<br/>Beyond Easy Mac”</b><br/>Presented by GatorWell<br/>Jennings Residence Hall<br/>7 p.m. – 8 p.m.</p>   | <p><b>“Five-A-Day the<br/>Gator Way”</b><br/>Presented by<br/>the Community<br/>Nutrition Class<br/>Reitz Union Colonnade<br/>11 a.m. – 2 p.m.</p> | <p><b>*Dr. Jean Kilbourne<br/>presents “Slim Hopes:<br/>Advertising &amp; the Obsession<br/>with Thinness”</b><br/>Reitz Union Grand Ballroom<br/>7:30 p.m.</p>   |
| <b>Tuesday 25</b>   | <b>Thursday 27</b>   | <p>*Dr. Kilbourne’s presentation is sponsored by GatorWell Health Promotion Services, Dean of Students First Year Florida Lecture Series, Panhellenic Council, ARREST, Florida Center for Health Promotion, Student Government Women’s Affairs Cabinet, University Athletic Association, Women’s Leadership Council, Student Health Care Center, Healthy Gators 2010, and Gator Dining Services</p> |
| <p><b>“Wheel of Portions”</b><br/>Presented by the American<br/>Medical Student Association-<br/>Health Outreach Team<br/>Reitz Union Colonnade<br/>10:00– 2:00 p.m.</p>          | <p><b>“It’s A Matter of<br/>Nutrition Facts”</b><br/>Presented by GatorWell<br/>Graham Gallery<br/>7:30 p.m.</p>                                   |   |